



The following was excerpted from an article entitled:

Microvita and Viruses

by Kate Kazony

This and other articles on Microvita may be found on the new website: "Microvita Express" at www.microvitaexpress.org

Shrii P.R. Sarkar, in 1986, coined the term 'microvita' meaning 'small life' and suggested that we not only learn to live with them, but that we may also learn how to control them, and change them. These microvita can be positive, which bring good health and uplifted thinking, neutral, which have little or no impact upon our bodies and minds, and negative. The negative microvita are generally associated with disease-causing viruses, mental fatigue, aggression or imbalance.

When a few negative microvita penetrate your body, you feel very uneasy. But when millions of negative microvita enter, it does not take more than a few seconds for even an elephant to die. A few negative microvita, when they enter the human body and mind, bring much change in the feelings, but when millions of them enter, it becomes very difficult for anyone to survive long. (1)

If neutral microvita enter your body, you do not feel anything special. When friendly microvita enter your body, you do not feel anything special. When friendly microvita enter your body and mind, you have a comfortable feeling.

Shrii Sarkar suggests that we use our time to learn more about microvita, in order for society to benefit and move forward swiftly towards a happier/more spiritual/healthier state.

"Microvita research should be pursued in physical, chemical, medical, medicinal and psychological laboratories. It also needs a thorough understanding of human psychology. Why does microvita research need to be done in physical laboratories? Because just like atoms have two parts – the cruder part and the subtler part, microvita also have two parts – a cruder part and the subtler part. So far, atomic research has been done in the cruder part of atoms. The subtler part of atoms is yet to be investigated." Shrii Sarkar says that for research into the subtler part of atoms, psycho-spiritual practice is needed. (2)

Nowadays, the machinery being used to explore the micro world is opening up previously unknown arenas. For example, we can now view the electron transport chain using pixilation techniques - showing how the smallest part of an atom transfers through the cell to a new location. The electrons pass from one side of the membrane to another, a phenomenon that happens ceaselessly throughout each day and night. Our cells minutest particles, electrons are busily engaged in metabolic processes of exchange, creation, and absorption.

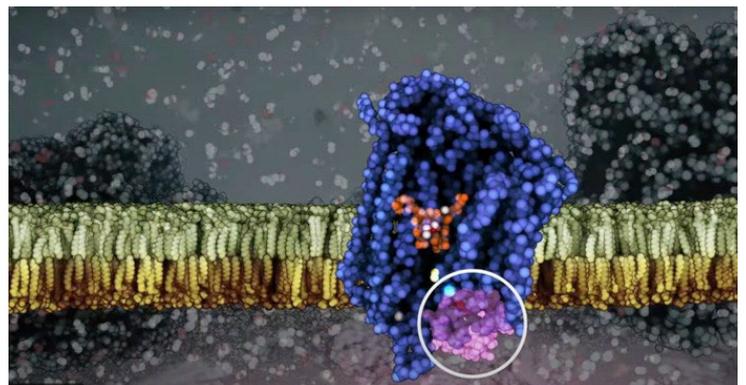
Shrii Sarkar describes this 'life' inside our cells in this way; *"This 'microvita', or in plural, 'microvita', are not organic, and as such they have got little to do with carbon molecules or carbon atoms, which are treated as the initial point or initial stage of life in this universe. So far as physicality is concerned, the position of these microvita is between ectoplasm and electron, but are neither ectoplasm nor electron."* (3)

Traditionally, we have thought of the nucleus as the center of the cell, yet the area where scientists are now beginning to focus is the membrane... the areas in the body where one chemical composition meets another, creating flux.

The nucleus is the space where information is held, and, when the cell walls and its cytoplasm are penetrated, often by viruses, a change occurs in the cell which can result in an entirely new cell being made... as in the case of coronavirus.

In a medical analysis of a number of viral applications (paramyxoviruses, Japanese encephalitis virus, influenza virus, and picornaviruses) upon the inner cell membranes of our mitochondria, (the organelle responsible for producing ATP - energy necessary for each cells function) research shows that upon viral infection, the host's innate immune system recognizes certain patterns, such as viral nucleic acid sequences or viral proteins, when they attach to receptors on host cellular membranes, intracellularly and extracellularly. Their recognition activates signaling pathways that lead to the inflammatory response. (4)

Currently there are hundreds of such discoveries being documented each month since the focus on viral function within our bodies has become a topic of global concern.



Of these areas, Shrii Sarkar writes; *“The internal protoplasmic formula will change. Nuclei can also be affected by microvita, and protoplasm will be affected by bringing changes in the nucleus with the help of microvita. The displacement of the nucleus can be brought about with the help of microvita, which will bring qualitative change in the internal structure. Internally, the hormones will be affected, and thus externally, the corporeal structure will also be affected. The longevity of all forms of protoplasm is twenty-one days. Changes will also occur in this regard. A change in the very appearance of human beings is also sure to come.”* (5)

Microvita and viruses are very difficult to study. To study microvita and viruses, we have first to look at the effects that these have, once a cell, a person, a structure (or possibly an idea) have been inhabited.

But it's not only disease that changes cells. In our current world, research into cellular life (research in microbiology) is funded by companies keen to find solutions for illnesses. When we are ill and disturbed, we find the desire to make changes in ourselves and our communities. No one likes to be sick.

In the past decade, the research into viruses has been accelerating, with curious findings. In 2012a paper from the UK National Library of Medicine stated “Currently, there are 219 virus species that are known to be able to infect humans. The first of these to be discovered was yellow fever virus in 1901, and three to four new species are still being found every year.” (6) The common ones are HIV, the flu, dengue, measles, malaria, rabies, smallpox, yellow fever, typhoid, and now coronavirus.

All these viruses would be known as negative microvita. According to Shrii Sarkar, disease is caused by negative microvita.

We are still trying to understand viral diseases, and how to cure these. The medicines we create are to stop the virus from spreading, such as immunization, or to keep a person alive while the virus naturally dies, but we haven't the technology yet to work with and kill the virus.

When people take allopathic medicine to cure a disease, the medicine disturbs the ecological balance of the body because, according to Shrii Sarkar, more negative microvita get concentrated at the point of the disease. Allopathic medicines do not kill diseases – diseases die by their own natural death. Although the medicine may check the disease, the increased concentration of negative microvita can overcome the effect of the medicine. (7)

So we must learn to live with viruses. This is the greatest challenge of humankind at the moment.

Shrii Sarkar takes viruses and microvita to the next level when he talks about not only physical disease, but

also psychic effects. Nowadays, research into the impacts of viral infection has notably progressed from the purely physical medical intervention needed to save lives, into the long-term mental health impacts of virus replications in our cells.

Psychologists are now also beginning the curious search for the impacts that viruses might have on our mental health. For example; the common Epstein Barr Virus, that occurs in childhood, is able to hibernate inside our bodies, and in later life express itself in psychic abnormalities; “Individuals with schizophrenia have increased levels of antibodies to some but not all EBV proteins, indicating an aberrant response to EBV infection. This may contribute to the immunopathology of schizophrenia and related disorders,” medical researchers concluded. (8)

Sarkar also refers to this idea *“Microvita may affect the glands and sub-glands or the nuclei of the nerve cells, and even the transformation of species and the transformation of sex may occur. Microvita may directly affect the plexi, and through the plexi the mental propensities or vritis are affected. Vritis or propensities are of three types – pro-physical propensities, psychic propensities and pro-spiritual propensities. All these three types of vritis are affected. A person may become eccentric or experience a reaction of schizophrenia, mania or melancholia, or one may experience both psychic and physical disease.”* (9)

So, how do we live with viral or microvita infection? Shrii P.R. Sarkar suggests that we research, study and come to understand viruses on a physical level as best we can, and, (as microvita are so small and mysterious) we study in the psychic realm as well.

Although still a new area of study, we can begin to see that when microvita infect our bodies, they are also infecting our minds. P.R. Sarkar outlines his theory, that viruses (microvita) also impact our thinking, in a number of discourses. Here is one such example.

“In another context, I said that various kinds of negative microvita which have, up to now, been called a “virus”, damage human beings. Different diseases take the help of different kinds of tanmātras. From country to country, from planet to planet, and from the far distant frontiers of the universe, these negative microvita carry the seeds of destructive diseases. These varieties of negative microvita also spread mean-mindedness and negative psychic complexes. Similarly, from various planets and distant nebulae, varieties of positive microvita bring pious, sentient thoughts and elevating sentiments.” (10)

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**The full article can be found at
www.microvitaexpress.org**

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